

**15th Senior National Jump Rope Championship & Judges
Clinic-2018**

Schedule for Judges

Objective

1. To focus exclusively on one of the most important development on how to create innovation with embracing Jump rope as an easy, inexpensive and growing fitness sport for all throughout Asia and Pacific countries.
2. To provide global leadership for the sport of jump rope through our core principles of diversity, inclusion, innovation, and sustainability and through the “best practice” of the sport.

REGISTRATION
WELCOMING SPEECH
SPRINT JUDGING
MULTIPLE UNDER JUDGING
JUDGING EXAMINATION
FREESTYLE JUDGING
JUDGING EXAMINATION
DISCUSSION

15th Senior National Jump Rope Championship & Judges Clinic-2018

SCHEDULE

Day 1 Sunday, 29 July

Judges Clinic

Event Name	Age Category	Gender	Type
SINGLE ROPE ENDURANCE 3 MINUTE (1 X 3 MINUTES)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Below 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE SPEED 30 SECOND (1 X 30 SECOND)	Below 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
	Below 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
Opening Ceremony			

Day 2 Monday, 30 July

Event Name	Age Category	Gender	Type
SINGLE ROPE ENDURANCE 3 MINUTE (1 X 3 MINUTES)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
SINGLE ROPE SPEED 30 SECOND (1 X 30 SECOND)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase

	Above 20 years	Girls	Grand Championship Showcase
SINGLE ROPE DOUBLES UNDER 30 SECOND (1 X 30 SECOND)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE TRIPLE UNDER EVENT	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE SPEED & DOUBLE UNDER RELAY (4 X 30 SECOND)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
DOUBLE DUTCH SPEED RELAY (3 X 40 SECONDS)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
DOUBLE DUTCH SINGLE FREESTYLE EVENT (3 X 60 - 75 SECONDS)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE DOUBLES UNDER 30 SECOND (1 X 30 SECOND)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
SINGLE ROPE TRIPLE UNDER EVENT	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
SINGLE ROPE SPEED & DOUBLE UNDER RELAY (4 X 30 SECOND)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase

	Above 20 years	Girls	Grand Championship Showcase
DOUBLE DUTCH SPEED RELAY (3 X 40 SECONDS)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
DOUBLE DUTCH SINGLE FREESTYLE EVENT (3 X 60 - 75 SECONDS)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase

Day 3 Tuesday, 31 July

SINGLE ROPE PAIRS WHEEL FREESTYLE EVENT (2 X 60 - 75 SECONDS)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE TEAM FREESTYLE EVENT (4 X 60 - 75 SECONDS)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
DOUBLE DUTCH SINGLE FREESTYLE EVENT (3 X 60 - 75 SECONDS)	Below 20 years	Boys	Preliminary Championship
	Below 20 years	Girls	Preliminary Championship
	Above 20 years	Boys	Preliminary Championship
	Above 20 years	Girls	Preliminary Championship
SINGLE ROPE PAIRS WHEEL FREESTYLE EVENT (2 X 60 - 75 SECONDS)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase

SINGLE ROPE TEAM FREESTYLE EVENT (4 X 60 - 75 SECONDS)	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
DOUBLE DUTCH SINGLE FREESTYLE EVENT (3 X 60 - 75 SECONDS)	Below 20 years	Boys	Grand Championship Showcase
	Below 20 years	Girls	Grand Championship Showcase
	Above 20 years	Boys	Grand Championship Showcase
	Above 20 years	Girls	Grand Championship Showcase
Demo Cup			